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Safe and self- determined



Watch the video for this article:
[Safe and self-determined](#)



Be it on her motorbike, in the swimming pool, or in her carnival group: Yvonne Lange from Crailsheim is always at the forefront – even though she has been living with diabetes for 37 years. That doesn't stop her from living her life to the fullest: the sales assistant is always open to new challenges. While climbing the bouldering wall for the first time, she talked about what gives her confidence in everyday life – and how Syntegon contributes to it.

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When asked how she would describe life with type 1 diabetes, Yvonne Lange doesn't have to think twice: "There's no time off from diabetes," she says. In other words, diabetes is a constant companion – at work, during sport, in her leisure time, or on the couch in the evening. This doesn't mean that nothing else is on her mind. It's rather a kind of second consciousness that co-determines her day. After all, diabetes also means being dependent on the availability of insulin.

Open to new things

Insulin injections are routine for Yvonne. With the introduction of synthetic, fast-acting insulins, her intake and dosage have fortunately been easy to control since she was ten years old. This allows her to lead a largely unrestricted life. "I'm curious by nature. New hobbies, new tasks – that's part of life for me," she says. Years of therapy and a good insulin supply have made this possible. "Fortunately, I've never had any problems getting my insulin on time", says Yvonne.



Many pharmaceutical companies fill their insulin into cartridges on Syntegon machines.

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Safety, made by Syntegon

Companies such as Syntegon, for whom Yvonne works as a sales assistant in the pharmaceutical division in Crailsheim, contribute to this: The manufacturer of “her” insulin fills the medication on Syntegon equipment. The company globally supports the high availability of insulin with its filling and inspection technologies. In fact, Syntegon is the only machine manufacturer to cover all stages of insulin production with its equipment. The filling process requires the highest quality and safety standards, and hence comprises several steps: washing, siliconizing, sterilizing, filling, and closing the containers in the isolator, followed by inspection and tray loading. Syntegon offers various inspection systems for this purpose. They identify foreign particles or turbid materials and check the integrity of stoppers and caps of insulin containers – for maximum product and patient safety.



Syntegon’s cartridge filling and closing machines greatly contribute to supplying diabetes patients with insulin. [Find out more!](#)

Every second cartridge

It therefore comes as no surprise that the world’s three largest insulin manufacturers and many others fill their products on Syntegon machines. Today, every second cartridge for insulin pens, i. e. administration aids for self-injection, comes from Syntegon equipment. Syntegon’s portfolio also comprises assembly machines for these medical technology products. Yvonne always has pens with her, as well as an active ingredients reserve for her insulin pump at home.

How does she feel about working for a company that ensures insulin supply with its packaging solutions? “Very good,” she says, and laughs before turning to the bouldering wall.

“Fortunately, I’ve never had any problems getting my insulin on time.”

Yvonne Lange



[Find out more](#) about Syntegon’s assembly and packaging solutions for medical devices!



Thanks to reliable insulin supply, Yvonne Lange feels safe when facing new challenges – regardless of her diabetes.